

**DAILY MEALS SAVOURY****WEEK April 15-21****AVAILABLE EVERYDAY**

Penne Bolognaise / Prawn Linguini	Kale Salad w Lemon Chilli Dressing
Crumbed Chicken Schnitzel	Chargrilled Chicken & Kale Salad
Lemon & Herbed Crumbed Chicken Strips	Quiches - Lorraine / Salmon / Four Cheese
Steamed Rice / Coconut Rice (GF)	Quiches - Spinach & Goats Cheese / Roasted Veg
Mash Potato (GF) / Creamed Spinach (GF)	Pies - Chicken & Leek / Beef & Red Wine
Roasted Chats Rosemary & Garlic (GF)	Pies - Beef Mince
Fresh Seasonal Fruit Salad / Creamy Coleslaw (GF)	Traditional Sausage Roll
Thai Beef & Hokkien Noodle Salad	Spinach Sweet Potato & Ricotta Roll
	Lasagnes / Bolognaise Sauce (GF)

**Monday April 15**

<b>Soup</b> Chicken & Vegetable (GF)	<b>Salad</b> Green Beans w Lemon Oil (GF)
<b>Soup</b> Cream of Asparagus (GF)	<b>Salad</b> Roasted Beetroot (GF)
<b>Soup</b> Tomato & Basil (GF)	<b>Salad</b> Brocollini w toasted Almonds (GF)
<b>Meal</b> Traditional Curried Sausages (GF)	<b>Salad</b>
<b>Meal</b> Spring Chicken w Chervil & Peas (GF)	Roasted Pumpkin Frittata (GF)
<b>Meal</b> Pork & Noodle Chow Mein	Chicken Parmas / Thai Chicken Burgers (GF)
<b>Meal</b> Green Veg Risotto (GF)	

**Tuesday April 16**

<b>Soup</b> Pea & Ham (GF)	<b>Salad</b> Spring Greens (GF)
<b>Soup</b> Chicken & Lentil	<b>Salad</b> Caesar
<b>Soup</b> Potato & Leek (GF)	<b>Salad</b> Brown Rice & Pumpkin (GF)
<b>Meal</b> Chicken Masala (GF)	Salmon Patties
<b>Meal</b> Lamb & Sweet Potato Curry (GF)	Chicken Satay Skewers (GF)
<b>Meal</b> Veal Veronique (GF)	Sweet Potato & Zucchini Burgers (GF)
<b>Meal</b> Coq Au Vin (GF)	

**Wednesday April 17**

<b>Soup</b> Cream of Tomato (GF)	<b>Salad</b> Crunchy Spring Slaw w a Tangy Dressing (GF)
<b>Soup</b> Zucchini & Broccoli (GF)	<b>Salad</b> Green Beans w Lemon Oil (GF)
<b>Soup</b> Cream of Chicken (GF)	<b>Salad</b> Mango Chicken Salad (GF)
<b>Meal</b> Butter Chicken (GF)	<b>Salad</b>
<b>Meal</b> Beef Bourguignon (GF)	Chicken & Cauliflower Burgers
<b>Meal</b> Smoked Salmon Risotto (GF)	
<b>Meal</b> Gnocchi & Roasted Veg Ragu	

**Thursday April 18**

<b>Soup</b> Chicken & Sweetcorn (GF)	<b>Salad</b> Market Roasted Veggies (GF)
<b>Soup</b> Hearty Vegetable (GF)	<b>Salad</b> Asparagus Rocket Parmesan (GF)
<b>Soup</b> New England Fish Chowder	<b>Salad</b> Pumpkin Chickpea & Sumac (GF)
<b>Meal</b> Mango Chicken (GF)	<b>Salad</b> Chilli Roasted Cauliflower & Chickpeas
<b>Meal</b> Minted Lamb (GF)	Duck Spring Rolls
<b>Meal</b> Prawn & Pesto Risotto (GF)	
<b>Meal</b> Cottage Pie	

**Friday April 19**

<b>Soup</b> Pea & Ham (GF)	<b>Salad</b> Spring Greens (GF)
<b>Soup</b> Classic Pumpkin (GF)	<b>Salad</b> Greek salad (GF)
<b>Soup</b> Chicken & Vegetable (GF)	<b>Salad</b> Freekah & Lentils w Cumin Yoghurt
<b>Meal</b> Satay Chicken (GF)	<b>Salad</b> Roasted Beetroot (GF)
<b>Meal</b> Lamb Shank w Red Wine Napoli (GF)	Thai Fish Cakes
<b>Meal</b> Thai Green Chicken Curry (GF)	Crumbed Blue Grenadier / Fish Fingers
<b>Meal</b> Tuna Mornay	

**Saturday April 20**

ALL THE CROUTONS FAVOURITES PLUS OTHER SPECIALS.

PLEASE PHONE THE STORE OR VISIT THE STORE TO SEE WHAT IS AVAILABLE.

IF AFTER SOMETHING SPECIAL THEN PLEASE ORDER IT BY FRIDAY MIDDAY.

## AVAILABLE EVERYDAY

Chocolate Eclairs                      Sticky Date Pudding                      Sticky Ginger Cake / Dutch Ginger ShortCake  
 Chocolate Lamingtons                      Chocolate Pudding                      Light Fruit Cake / Coffe Date & Nut Loaf  
 Cookies - Yo Yo's / Chocolate Chip / Burnt Butter / Cornflake Crunchie / Shortbreads / Anzacs  
 Cookies - Florentines / Meringues / Coconut Macaroons / Nougatines  
 Slices - Lemon / Munchie / Brownie / Hedgehog / Caramel / By Nis Raw slices

## PHONE OR EMAIL TO FIND OUT OTHER DAILY SPECIALS

**Monday April 15**

<b>Muffin</b>	Morning Starter	<b>Cake</b>	Chocolate
<b>Muffin</b>	Mixed Berry	<b>Cake</b>	Orange
<b>Scone</b>	Cheese & Bacon	<b>Cake</b>	Flourless Orange & Almond (GF)
<b>Scone</b>	Date & Walnut	<b>Dessert</b>	Baked Lemon Tarts
<b>Tart</b>	Mixed Berry & Mascarpone (GF)	<b>Special</b>	Meringue Roulade w Lemon Curd (GF)
<b>Friand</b>	Blueberry (GF)	<b>Special</b>	Passionfruit Cream Cupcakes
		<b>Special</b>	Neenish Tart (GF)

**Tuesday April 16**

<b>Muffin</b>	Morning Starter	<b>Cake</b>	Chocolate
<b>Muffin</b>	Mango & Raspberry	<b>Cake</b>	Orange
<b>Scone</b>	Three Cheese	<b>Cake</b>	Flourless Banana & Walnut (GF)
<b>Scone</b>	Date & Orange	<b>Dessert</b>	Chocolate Mousse (GF) / Mango Mousse (GF)
<b>Tart</b>	Lemon Meringue (GF)	<b>Special</b>	
<b>Friand</b>	Apricot (GF)	<b>Special</b>	Lamington Cream Cupcakes
		<b>Special</b>	Meringue Roulade w Mixed Berries (GF)

**Wednesday April 17**

<b>Muffin</b>	Morning Starter	<b>Cake</b>	Chocolate
<b>Muffin</b>	Banana & Blueberry	<b>Cake</b>	Orange
<b>Scone</b>	Spinach & Fetta	<b>Cake</b>	Hummingbird
<b>Scone</b>	Date	<b>Dessert</b>	Apricot & Coconut Steamed Puddings
<b>Tart</b>	Mixed Berry & Mascarpone (GF)	<b>Special</b>	Meringue Roulade w Strawberries (GF)
<b>Friand</b>	Raspberry (GF)	<b>Special</b>	Neenish Tart (GF)
		<b>Special</b>	Butterfly Cream Cupcakes

**Thursday April 18**

<b>Muffin</b>	Morning Starter	<b>Cake</b>	Chocolate
<b>Muffin</b>	Mixed Berry	<b>Cake</b>	Orange
<b>Scone</b>	Cheese & Bacon	<b>Cake</b>	Carrot
<b>Scone</b>	Date & Walnut	<b>Dessert</b>	Apple Blueberry & Rhubarb Crumbles
<b>Tart</b>	Lemon Curd (GF)	<b>Special</b>	Flourless Chocolate & Raspberry Roulade (GF)
<b>Friand</b>	Strawberry (GF)	<b>Special</b>	Jelly Cream Cupcakes
		<b>Special</b>	

**Friday April 19**

<b>Muffin</b>	Morning Starter	<b>Cake</b>	Chocolate
<b>Muffin</b>	Raspberry & White Chocolate	<b>Cake</b>	Orange
<b>Scone</b>	Cheese & Herbs	<b>Cake</b>	Pineapple Upside Down Cake
<b>Scone</b>	Date & Orange	<b>Dessert</b>	Lemon Delicious Pudding
<b>Tart</b>	Strawberry & Mascarpone (GF)	<b>Special</b>	Meringue Roulade w Fresh Strawberries (GF)
<b>Friand</b>	Blueberry (GF)	<b>Special</b>	Passionfruit Sponge Cakes
		<b>Special</b>	Neenish Tart (GF)

**Saturday April 20**

<b>Muffins</b>	Morning starter / Mixed berry	<b>Cakes</b>	Chocolate / Orange
<b>Scones</b>	Cheese & Bacon / Date & Orange	<b>Special</b>	Flourless Chocolate & Raspberry Roulade (GF)
<b>Tart</b>	Lemon Curd (GF)	<b>Special</b>	Passionfruit Cream Cupcakes
<b>Friand</b>	Raspberry (GF)	<b>Special</b>	