

**DAILY MEALS SAVOURY****WEEK April 22-28****AVAILABLE EVERYDAY**

Penne Bolognese / Prawn Linguini	Kale Salad w Lemon Chilli Dressing
Crumbed Chicken Schnitzel	Roasted Chicken & Kale Salad
Lemon & Herbed Crumbed Chicken Strips	Quiches - Lorraine / Salmon / Four Cheese
Steamed Rice / Coconut Rice (GF)	Quiches - Spinach & Goats Cheese / Roasted Veg
Mash Potato (GF) / Creamed Spinach (GF)	Pies - Chicken & Leek / Beef & Red Wine
Roasted Chats Rosemary & Garlic (GF)	Pies - Beef Mince
Fresh Seasonal Fruit Salad / Creamy Coleslaw (GF)	Traditional Sausage Roll
Thai Beef & Hokkien Noodle Salad	Spinach Sweet Potato & Ricotta Roll
	Lasagnes / Bolognese Sauce (GF)

**Monday April 22**

<b>Soup</b>	Chicken & Vegetable (GF)	<b>Salad</b>	Market Roasted Vegies (GF)
<b>Soup</b>	Zucchini & Brocoli (GF)	<b>Salad</b>	Asparagus Rocket Parmesan (GF)
<b>Soup</b>	Carrot & Coriander (GF)	<b>Salad</b>	Freekah & Lentils w Cumin Yoghurt
<b>Meal</b>	Thai Green Chicken Curry (GF)	<b>Salad</b>	Chilli Roasted Cauliflower & Chickpeas
<b>Meal</b>	Beef Bourguignon (GF)		Thai Chicken Burgers (GF)
<b>Meal</b>	Satay Chicken (GF)		Roasted Pumpkin Spinach Goats Cheese Frittata(GF)
<b>Meal</b>	Forest Mushroom & Spinach Risotto (GF)		Chicken Parmas

**Tuesday April 23**

<b>Soup</b>	Chicken & Sweetcorn (GF)	<b>Salad</b>	Green Beans w Lemon Oil (GF)
<b>Soup</b>	Pea & Ham (GF)	<b>Salad</b>	Roasted Beetroot (GF)
<b>Soup</b>	Cream of Mushroom (GF)	<b>Salad</b>	Brocollini w toasted Almonds (GF)
<b>Meal</b>	Gnocchi w Roasted Veg Ragu		
<b>Meal</b>	Mango Chicken (GF)		Salmon Patties
<b>Meal</b>	Lamb & Pear Tagine (GF)		Chicken Satay Skewers (GF)
<b>Meal</b>	Chinese Lemon Chicken (GF)		

**Wednesday April 24**

		<b>Salad</b>	Crunchy Spring Slaw w a Tangy Dressing (GF)
<b>Soup</b>	Classic Minestrone	<b>Salad</b>	Green Beans w Lemon Oil (GF)
<b>Soup</b>	Potato & Leek (GF)	<b>Salad</b>	Mango Chicken Salad (GF)
<b>Soup</b>	Beef & Barley	<b>Salad</b>	
<b>Meal</b>	Minted Lamb (GF)		
<b>Meal</b>	Apricot Chicken (GF)		Chicken & Cauliflower Burgers (GF)
<b>Meal</b>	Smoked Salmon Risotto (GF)		Sweet Potato & Zucchini Burgers (GF)
<b>Meal</b>	Satay Chicken (GF)		

**Thursday April 25**

<b>Soup</b>		<b>Salad</b>	
<b>Soup</b>	<b>CLOSED ANZAC DAY</b>	<b>Salad</b>	
<b>Soup</b>		<b>Salad</b>	
<b>Meal</b>		<b>Salad</b>	
<b>Meal</b>			
<b>Meal</b>			
<b>Meal</b>			

**Friday April 26**

<b>Soup</b>	Lamb Shank & Veggie (GF)	<b>Salad</b>	Spring Greens (GF)
<b>Soup</b>	Cream of Asparagus (GF)	<b>Salad</b>	Freekah & Lentils w Cumin Yoghurt
<b>Soup</b>	Chicken & Vegetable (GF)	<b>Salad</b>	Pumpkin Chickpea & Sumac (GF)
<b>Meal</b>	Malasian Beef Curry (GF)	<b>Salad</b>	Roasted Beetroot (GF)
<b>Meal</b>	Coq Au Vin (GF)		Thai Fish Cakes
<b>Meal</b>	Butter Chicken (GF)		Crumbed Blue Grenadier / Fish Fingers
<b>Meal</b>	Seafood Risotto (GF)		

**Saturday April 27**

ALL THE CROUTONS FAVOURITES PLUS OTHER SPECIALS.  
PLEASE PHONE THE STORE OR VISIT THE STORE TO SEE WHAT IS AVAILABLE.  
IF AFTER SOMETHING SPECIAL THEN PLEASE ORDER IT BY FRIDAY MIDDAY.

**DAILY SWEETS & DESSERTS****WEEK April 22-28****AVAILABLE EVERYDAY**

Chocolate Eclairs                      Sticky Date Pudding                      Sticky Ginger Cake / Dutch Ginger ShortCake  
 Chocolate Lamingtons                      Chocolate Pudding                      Light Fruit Cake / Coffe Date & Nut Loaf  
 Cookies - Yo Yo's / Chocolate Chip / Burnt Butter / Cornflake Crunchie / Shortbreads / Anzacs  
 Cookies - Florentines / Meringues / Coconut Macaroons / Nougatines  
 Slices - Lemon / Munchie / Brownie / Hedgehog / Caramel / By Nis Raw slices

**PHONE OR EMAIL TO FIND OUT OTHER DAILY SPECIALS****Monday April 22**

<b>Muffin</b>	Morning Starter	<b>Cake</b>	Chocolate
<b>Muffin</b>	Mixed Berry	<b>Cake</b>	Orange
<b>Scone</b>	Cheese & Bacon	<b>Cake</b>	Apple Tea Cake
<b>Scone</b>	Date & Walnut	<b>Dessert</b>	Apple & Mixed Berry Crumbles
<b>Tart</b>	Mixed Berry & Mascarpone (GF)	<b>Special</b>	Meringue Roulade w Lemon Curd (GF)
<b>Friand</b>	Blueberry (GF)	<b>Special</b>	Passionfruit Cream Cupcakes
		<b>Special</b>	Neenish Tart (GF)

**Tuesday April 23**

<b>Muffin</b>	Morning Starter	<b>Cake</b>	Chocolate
<b>Muffin</b>	Mixed Berry	<b>Cake</b>	Orange
<b>Scone</b>	Cheese & Bacon	<b>Cake</b>	Carrot
<b>Scone</b>	Date & Orange	<b>Dessert</b>	Chocolate & Banana Bread & Butter Pudding
<b>Tart</b>	Lemon Curd (GF)	<b>Special</b>	Flourless Chocolate & Raspberry Roulade (GF)
<b>Friand</b>	Strawberry (GF)	<b>Special</b>	Jelly Cream Cupcakes
		<b>Special</b>	Jelly Slice

**Wednesday April 24**

<b>Muffin</b>	Morning Starter	<b>Cake</b>	Chocolate
<b>Muffin</b>	Banana & Blueberry	<b>Cake</b>	Orange
<b>Scone</b>	Spinach & Fetta	<b>Cake</b>	Hummingbird
<b>Scone</b>	Date	<b>Dessert</b>	Chocolate Mousse (GF) / Orange Mousse (GF)
<b>Tart</b>	Mixed Berry & Mascarpone (GF)	<b>Special</b>	Meringue Roulade w Strawberries (GF)
<b>Friand</b>	Raspberry (GF)	<b>Special</b>	Neenish Tart (GF)
		<b>Special</b>	Butterfly Cream Cupcakes

**Thursday April 25**

<b>Muffin</b>		<b>Cake</b>	
<b>Muffin</b>	<b>CLOSED ANZAC DAY</b>	<b>Cake</b>	
<b>Scone</b>		<b>Cake</b>	
<b>Scone</b>		<b>Dessert</b>	
<b>Tart</b>		<b>Special</b>	
<b>Friand</b>		<b>Special</b>	
		<b>Special</b>	

**Friday April 26**

<b>Muffin</b>	Morning Starter	<b>Cake</b>	Chocolate
<b>Muffin</b>	Raspberry & White Chocolate	<b>Cake</b>	Orange
<b>Scone</b>	Cheese & Herbs	<b>Cake</b>	Pear Upside Down Cake
<b>Scone</b>	Date & Orange	<b>Dessert</b>	Apple & Blueberry Pies
<b>Tart</b>	Strawberry & Mascarpone (GF)	<b>Special</b>	Meringue Roulade w Fresh Strawberries (GF)
<b>Friand</b>	Blueberry (GF)	<b>Special</b>	Passionfruit Sponge Cakes
		<b>Special</b>	Neenish Tart (GF)

**Saturday April 27**

<b>Muffins</b>	Morning starter / Mixed berry	<b>Cakes</b>	Chocolate / Orange
<b>Scones</b>	Cheese & Bacon / Date & Orange	<b>Special</b>	Flourless Chocolate & Raspberry Roulade (GF)
<b>Tart</b>	Lemon Curd (GF)	<b>Special</b>	Passionfruit Cream Cupcakes
<b>Friand</b>	Raspberry (GF)	<b>Special</b>	